
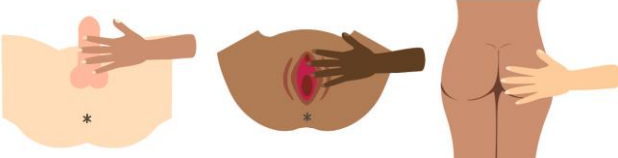
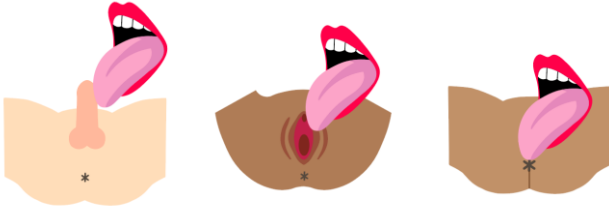
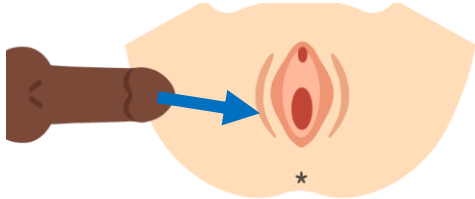

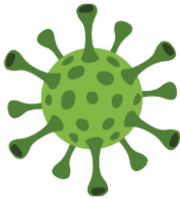
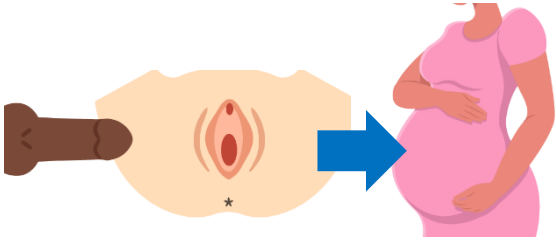
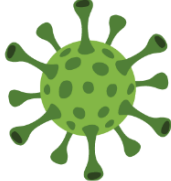
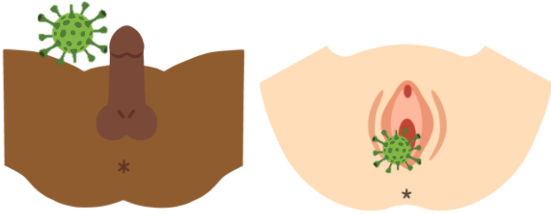
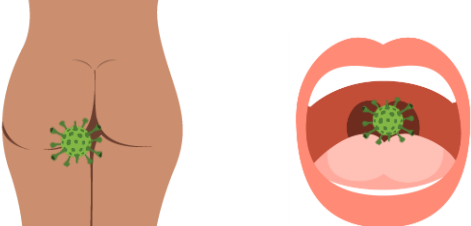
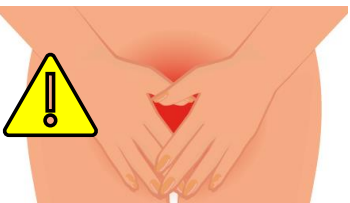
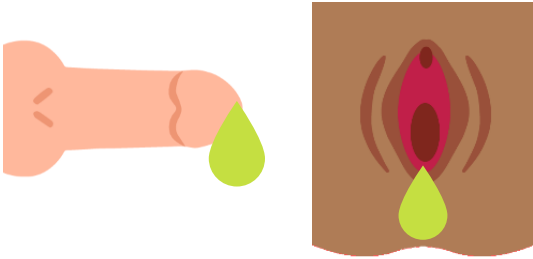

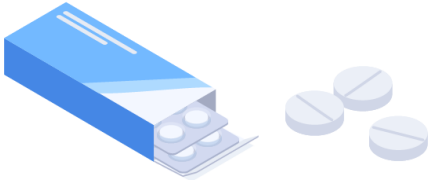
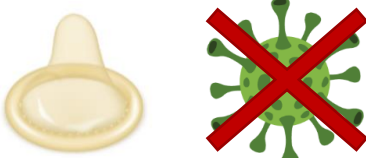


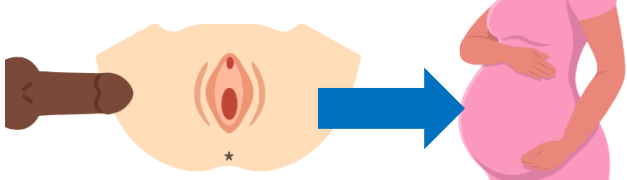
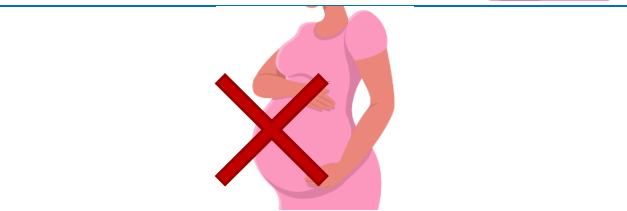


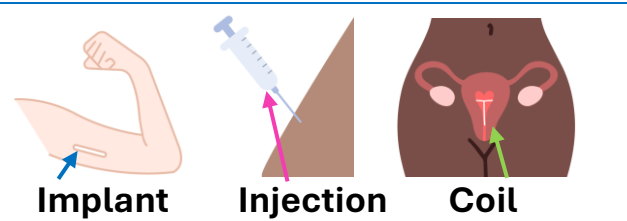

Sex

| | |
|---|---|
|  | <p>Sex can mean different things to different people.</p> |
|  | <p>It can be touching someone's penis, vagina or bottom.</p> |
|  | <p>It can be kissing or licking someone's penis, vagina or bottom.</p> |
|  | <p>It can be putting a penis or object in someone's vagina or bottom.</p> |
|  | <p>You should only have sex with someone if you both want to have sex.</p> |
|  | <p>If you have sex, you could get an infection.</p> |
|  | <p>If a penis goes into a vagina, you could get pregnant.</p> |

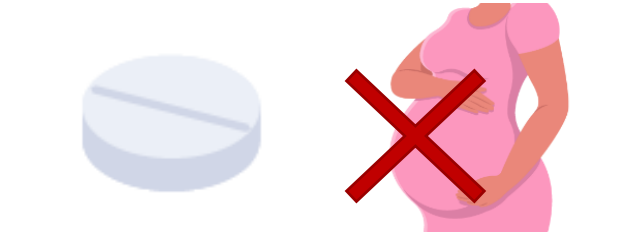

Sexually Transmitted Infections

| | |
|---|---|
|  | <p>You can get an infection if you have sex.</p> |
|  | <p>You can get an infection in your penis or vagina.</p> |
|  | <p>You can get an infection in your bottom or throat.</p> |
|  | <p>If you have an infection, it might be sore or itchy.</p> |
|  | <p>If you have an infection, you might have discharge. This could look like a yellow or green liquid that comes out of your penis or vagina.</p> |
|  | <p>You can get tested for infections at a sexual health clinic or GP.</p> |
|  | <p>They can give you medicine to get rid of infections, or medicine to help you feel better.</p> |
|  | <p>Using a condom can stop an infection being passed on.</p> |

Contraception

| | |
|--|--|
|  | <p>If a penis goes into a vagina, you might get pregnant.</p> |
|  | <p>Using contraception stops you from getting pregnant.</p> |
|  | <p>There are lots of different types of contraception.</p> |
|  | <p>There is a pill you can take every day.</p> |
|  <p>Implant Injection Coil</p> | <p>There are other types that can be put on, or in your body.</p> |
|  <p>For penis For vagina</p> | <p>You can use condoms, which go on a penis.</p> <p>There are also condoms which can go inside a vagina.</p> |

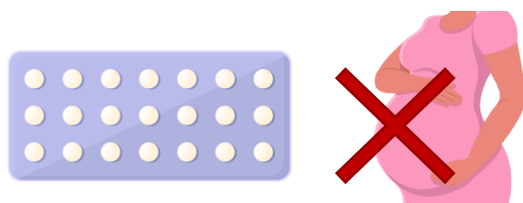
Emergency Contraception

| | |
|---|--|
|  | <p>There is a pill that you can take soon after sex to stop you getting pregnant. You can get this from pharmacies, GPs and sexual health clinics.</p> |
|  | <p>You can also have a “coil” fitted after having sex, to stop you getting pregnant. This is done at a sexual health clinic or GP.</p> |

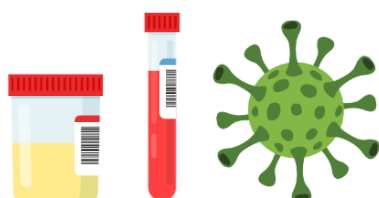
Sexual Health Clinics



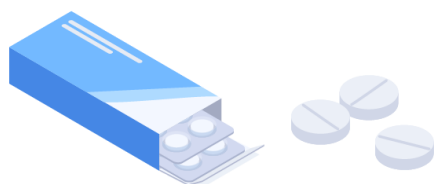
A sexual health clinic has doctors and nurses who can help you with things to do with sex.



They can give you contraception, which stops you getting pregnant.



They can test for infections.



They can give you medicine to get rid of infections, or to make you feel better.



You can talk to them about problems with your penis or vagina.



You can call them on 0300 124 0102.



You can scan this QR code to read information on their website
www.leicestersexualhealth.nhs.uk