

# WELCOME TO LEICESTER SEXUAL HEALTH

Dr Helen Wiggins,

GU consultant, Clinical  
Lead

Presenting on behalf of  
MPFT Senior  
Management Team

# HOUSE KEEPING

- There is no fire alarm practice
- Toilets
- Fire Exits
- Tea/Coffee
- Registration
- Evaluation
- Certificate of Attendance



# AGENDA



09.00- 09.15	<b>Registration</b>	<b>Exhibition Stands: TBC</b>
09.15- 09.35 (20mins)	Welcome & Sexual Health Service update	Sexual Health Service
09:40-10:00 (20mins)	Brighter Futures - A new service in the county supporting parents	Becky Ots/Sarah Hickling Team Manager Brighter Futures
10:05- 10:20 (15 mins)	Partner updates City school nursing team	Leanne Upton
10:25- 10:40 (15 mins)	Partner updates Student Union - University of Leicester Campus	Dawn Fitzgerald's Student Advisor
10:45-10:55 (10mins)	Green box -contraception	Alison Spooner Senior Project Worker - C-Card lead Sexual Health Service
10:55-11:15 (20 mins)	<b>Refreshment break networking</b>	
11:15-11:45 (30mins)	HIV pathway and update awareness of prevention messages (overview)	Sexual Health Service
11:50-12:15 (25 mins)	City Commissioner	Clare Mills Sexual Health and Children's Commissioner Public Health Leicester City Council
12:20-12:45 (25 mins)	County & Rutland Commissioner	Nicola Jarvis Strategic Lead - Health Related Harms Public Health Leicestershire County Council
	Final remarks & close	
<b>12:45pm-13:15pm</b>	<b>Lunch &amp; Networking</b>	

**Exhibition Stands:**  
Leicester Sexual Health  
Trade Sexual Health



# KEY SERVICE UPDATES

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From 1<sup>st</sup> April MPFT will be providing specialist consultant led contraception and GU sexual health service to the residents of Leicester City.

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Sexual health services for Leicestershire and Rutland residents after 31<sup>st</sup> March will be managed by HCRG Care Group.

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Within the city, our current pathways will remain largely the same

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HCRG will be sharing contact details with service users before the transfer of services in several different formats, including website information, posters, and appointment information. The new website will be live from 1st April 2025.

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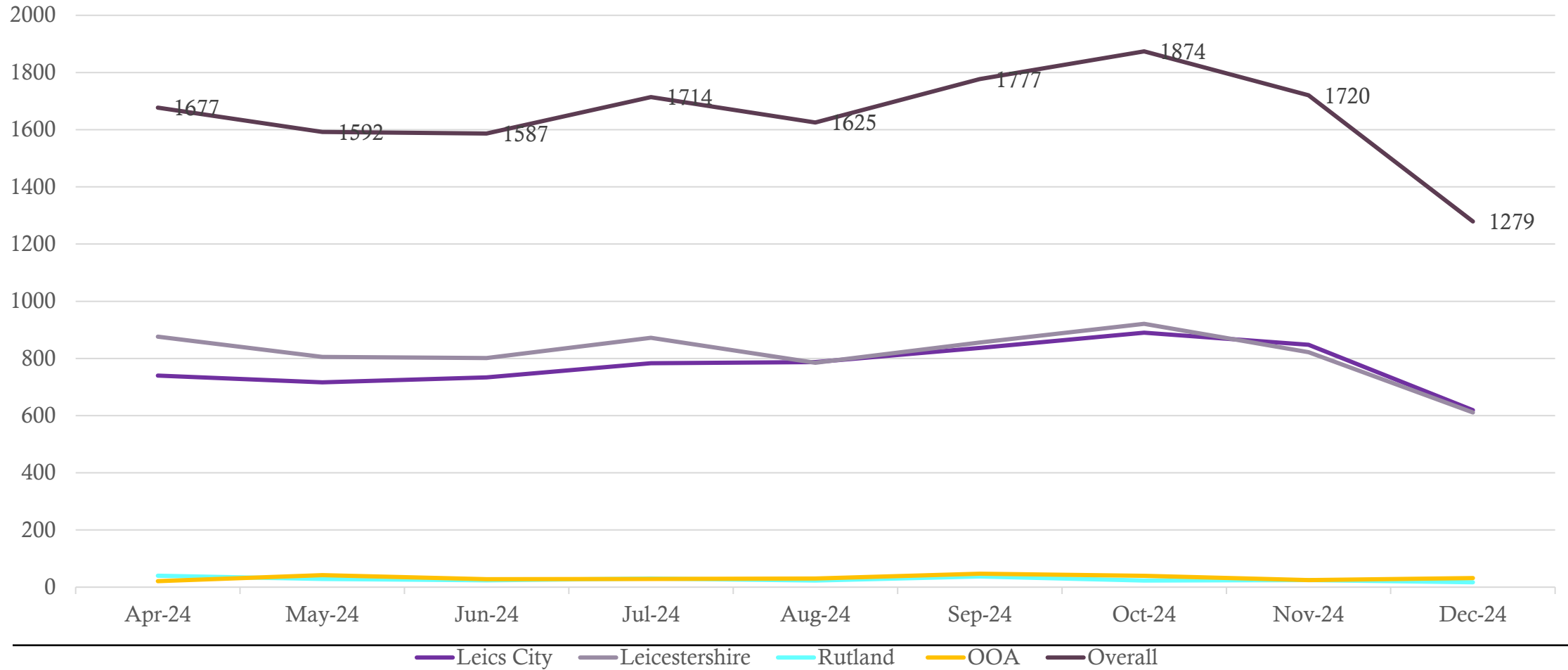
Some staff from Leicester Sexual Health will transfer to HCRG Care Group, so you may continue to see many of the same healthcare professionals.

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# APRIL 2025 ONWARDS

- From 1<sup>st</sup> April there will be some changes to the Leicester Sexual Health Service website:
    - We will have new branding
    - Update our online booking service.
      - Only Leicester City residents will be able to book appointments online.
      - HCRG will have a similar service via their website.
    - Updated message on the phone system to help direct service users to the right service.
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# CLINIC ATTENDANCES



# HOW CAN SERVICE USERS ACCESS LEICESTER SEXUAL HEALTH SERVICES?

- Appointment only clinics
  - Queue & Wait clinics
  - Telephone appointments, including for prescribing of medication (e.g. contraceptive pills and STI treatment)
  - Online STI testing
  - Online oral contraception and emergency hormonal contraception (via post)
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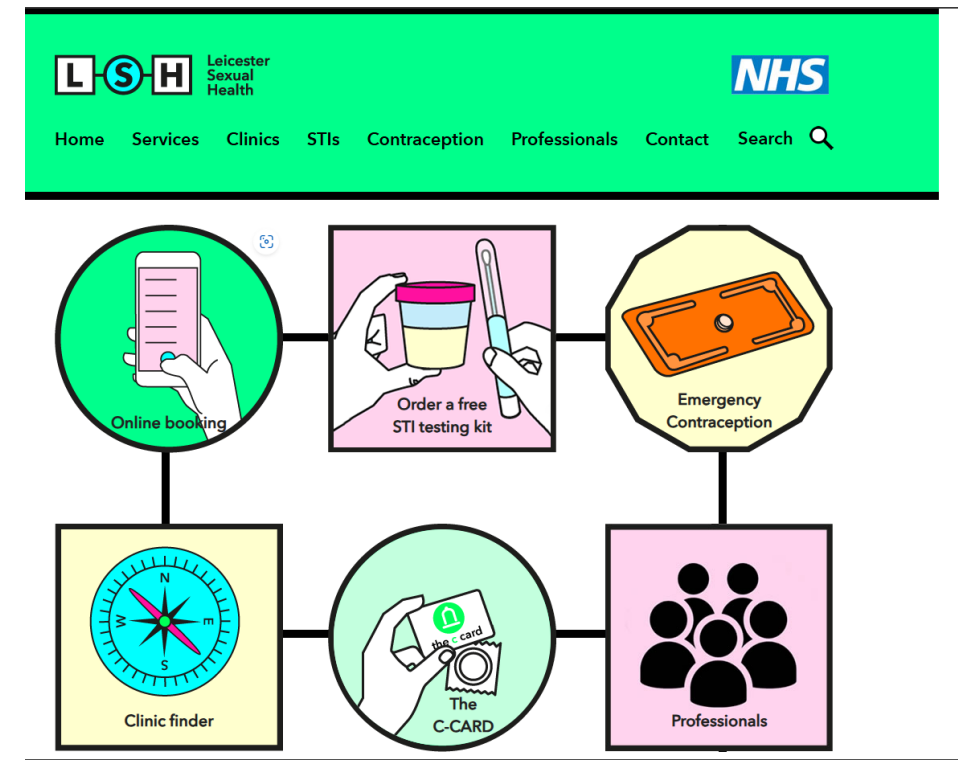
# WHAT IS PHR AND WHAT CAN IT DO FOR SERVICE USERS?

- PHR - Personal Health Record
- A personal account where you can:
  - Manage your own details
  - Book, cancel and re-arrange your appointments.
  - Confidential messages from the service,
- The PHR triage will ask a series of questions to establish your care needs, allowing us to offer an appropriate service at your chosen clinic
- Future developments include:
  - Viewing your own STI results
  - Sharing partner details for contact tracing if applicable



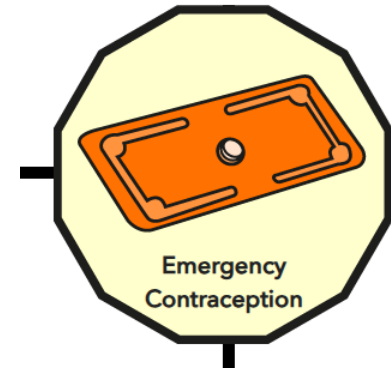
# ON THE SERVICE WEBSITE YOU CAN.....

- Book a face-to-face appointment via Personal Health Record
- Input a postcode to find the nearest clinic
- Find pharmacies that offer FREE emergency contraception (EHC) for under 25's
- Find pharmacies that are signed up to the C-Card scheme
- Order an STI testing kit to be posted to home
- Order contraceptive pills and EHC online to be posted
- Access professional information to support you in your role
- Refer a vulnerable person to our service
- Find a range of support services
- [www.leicestersexualhealth.nhs.uk](http://www.leicestersexualhealth.nhs.uk)



# WHERE CAN CONTRACEPTION AND EHC BE ACCESSED?

- Sexual health appointments
- GP practices
- Online order from LSH/ In clinic
- Pharmacies – free or purchase



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# QUESTIONS

