



Leicester
Sexual
Health

Service Update December 2017

Including:

Clinic Closure Information

Christmas Opening Hours

Choices Update

Sexual Health Training

New Service Website

C-Card Update

Guide to Requesting STI Screening 2017

PrEP Trial

Professional Helpline

Clinic Closures: December 8th – 11th 2017

Due to an upgrade of our electronic patient record system please note the following clinic closure information:

ALL sexual health clinics across Leicester, Leicestershire and Rutland will be closed from 3:30pm on Friday 8th December and will not reopen until Monday 11th December at 10am.

We apologise for any inconvenience this may cause.

CHOICES

A free, confidential and friendly service, staffed by a team of nurses for young people aged 24 and under.

Did you know our clinic at DeMontfort University is available to all students of this institution during term time on Thursdays between 2pm – 4:30pm and can be found on the 1st floor Campus Centre?

We also have now have a CHOICES clinic based at the Kingfisher Youth Centre on the Saffron Lane Estate on Wednesdays between 7-8pm.

Online Self Testing Kits

A free online testing kit to test for Chlamydia, Gonorrhoea, HIV and Syphilis is now available for those over 25 via our website. If aged 24 and under there is a kit to order online to test for Chlamydia.

Kits are sent in a discreet, small 'postbox' sized box with everything you need to complete and return the kit to us. To recommend this service to someone please direct them to this link:

www.freetest.me/landing/ssotp



St. Peters Healthcentre & Loughborough Christmas Opening Hours

Day	Date	Opening Hours
Friday	22nd December	Clinic shuts at 1pm
Saturday	23rd December	Closed
Monday	25th December	Closed
Tuesday	26th December	Closed
Wednesday	27th December	Open as usual
Thursday	28th December	Open as usual
Friday	29th December	Clinic shuts at 1pm
Saturday	30th December	Closed
Monday	1st January	Closed
Tuesday	2nd January	Open as usual

Sexual Health Training

Our Service offers training to address and support the underlying factors associated with Sexual Health & HIV, relationships and sexual well-being.

Our team comprises of experienced and qualified staff that provide sexual health services across Leicester, Leicestershire & Rutland.

Please check website for dates

STIF Course

This is a multi-disciplinary course designed to be useful for, Doctors and nurses working in general practice, secondary care clinicians who may encounter patients with STIs (e.g. O&G, A&E, rheumatology and ophthalmology), pharmacists, and school nurses.

The aim of the course is to equip participants with the basic knowledge, skills and attitudes for the effective management of sexually transmitted infections (STIs) outside the GUM setting.

Level 3 Contraception and Sexual Health Update

For clinical sexual health practitioners, working across Leicester, Leicestershire and Rutland.

The course covers developments in contraception (including emergency contraception), current research on effectiveness of different contraceptive methods, prescribing guidance and legislation relevant to current practice. As well as an overview of STIs.

The Faculty of Sexual & Reproductive Healthcare FRSR Diploma Course of 5 (DFSRH / NDFSRH)

The Course of 5 (C5) is a component of the FSRH Diploma, it is aimed at doctors (DFSRH) and nurses (NDFSRH) who are working in general practice, community services, and integrated sexual health services and in hospitals.

Sexual Health Promotion and HIV Prevention for Sex Workers in Leicester

This course aims to raise awareness of sexual health risks associated with sex workers.

Through a range of activities and discussions practitioners will be able to have a broader awareness of the sexual health needs of those working as sex workers

Sexual & Reproductive Health Essentials for Practice Nurses (SRH Essentials)

This one-day training course for practice nurses has been designed by the Faculty of Sexual and Reproductive Healthcare to enable practice nurses to manage consultations about contraception and STIs with confidence.

Implant & Coil Training

Leicester Sexual Health Services provides Letter of Competence training in Subdermal Implant Techniques (LoC SDI) and Intrauterine Techniques (LoC IUT) better known as Implant and Coil fitting.

For More Information on Training & Bespoke Training Please Visit:

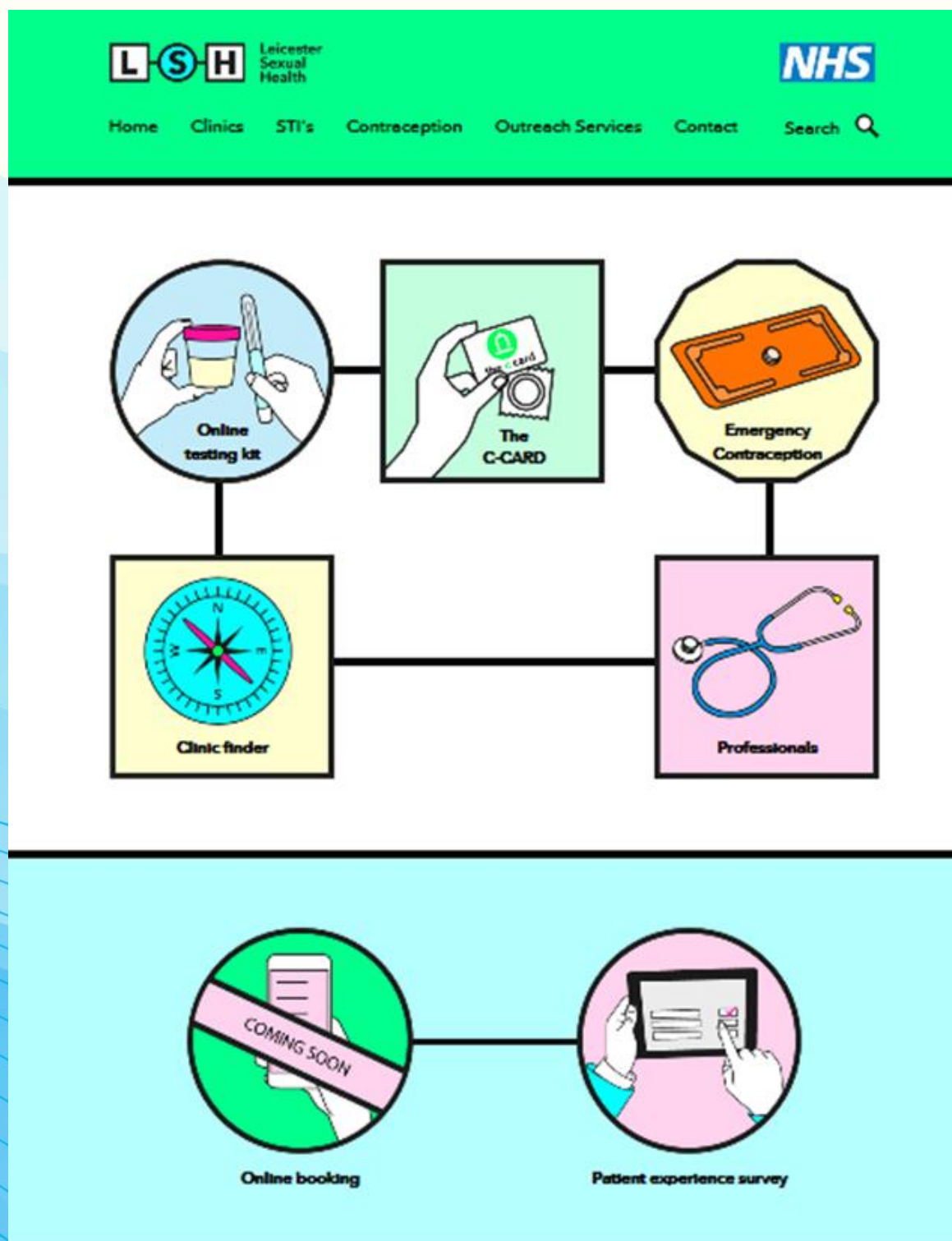
www.leicestersexualhealth.nhs.uk/professionals

New Service Website

Please take the time to visit our new website.

www.leicestersexualhealth.nhs.uk

Including improved functionality for online testing kit requests, online booking for training courses and a postcode finder to locate clinics, EHC, CHOICES and C-Card locations



C-Card

Q: How long do you think it takes to distribute free condoms to those with C-Cards?

A: Less time than it takes to make a cup of tea!

Ctrl + Click on the video below and see for yourself.



If you would like to get involved, or need any support for your service then please contact:

Leicester City: Clare.Spicknell@ssotp.nhs.uk

Leicestershire & Rutland: Alison.Spooner@ssotp.nhs.uk

Current C-Card sites

Please ensure you are returning all paperwork as agreed and within timescales. If you require any assistance with this please get in touch via the contacts above.

Guide to requesting STI screening 2017

During late 2017 there will be a modification to the requesting of STI screens on ICE.

Investigation	Specimen site	Type of swab/sample	Image of swab/collection kit	ICE request code
TRADITIONAL CULTURE				
Candida species	High Vaginal Swab (HVS)	Charcoal or clear transport medium Swab		Under the micro/virology top tab and then bacteriology side tab, select High vaginal swab
Trichomonas vaginalis				
Gardnerella				
Neisseria gonorrhoea – Bacterial culture	Additional Endocervical swab (& throat, rectal or urethral swab)			Under micro/virology top tab and then bacteriology side tab, select Endocervical swab (<u>ONLY if patient is High Risk for GC or symptomatic with GC-like symptoms</u>)
NUCLEIC ACID AMPLIFICATION TESTS (NAATS) RECOMMENDED FOR SCREENING				
Genital Chlamydia ONLY	Availability of this test to cease from late 2017 and will no longer be visible on ICE			
Chlamydia Eye swab	Eye swab	BD Collection Kit or swab in sterile container		Under micro/Virology top tab and the virology side tab, then Chlamydia Detection Eye swab.
Chlamydia AND Neisseria gonorrhoea Combined	Neat Urine, Endocervical swab, urethral swab, self-collected vaginal swab	BD Collection Kit or Sterile urine in a sterile universal		Under micro/Virology top tab and then the virology side tab, select Chlamydia and GC Detection swab or urine (Not available as single tests)

Continues on the next page...

Guide to requesting STI screening 2017 Continued...

Below is a guide to any modifications plus a reminder of the types of collection kits

- **Chlamydia ONLY option discontinued end 2017-** except for eye swabs
- **Screening only needs 2 samples:** 1 urine or endocervical swab for *Chlamydia* & *Gonorrhoea* screening by NAATS & 1 HVS swab for bacterial culture (extra endocervical swab for GC)
- **Electronic requests through ICE screen:** GP (main), GP Virology, UHL Virology or STD
- **Clinical details including discharge or *Candida*** are routinely tested for *T.vaginalis*, *G.vaginalis* AND *Candida* species from **ONE HVS swab**
- **Patients High Risk for GC or GC-like symptoms:** send endocervical swab in charcoal medium 'for GC culture' additional to HVS; If positive, antibiotic sensitivity test will be performed
- HVS & Self-taken swabs are **UNSUITABLE** for the investigation of *N.gonorrhoea* by culture
- LVS swabs are **UNSUITABLE** for screening in adults
- Speculum to be used for Cervical & High Vaginal swabs to **avoid contamination** from vulva

For further details contact:

Mrs Daxa Patel
Clinical Microbiology
Empath Pathology Services
0116 258 6541

daxa.patel@uhl-tr.nhs.uk

PrEP Trial

PrEP is now available at St Peters Health Centre* as part of the national PrEP Impact Trial (*Loughborough appointments to follow shortly.)

Places are limited and by appointment only (as it is part of a trial you must meet an eligibility criterion which will be assessed by a clinician during your appointment.)

Public Health England

PrEP Impact Trial

St Stephen's CLINICAL RESEARCH

Are you likely to be exposed to HIV?

If yes, you may be able to take part in the PrEP Impact Trial

<p>What is the aim of the study?</p> <p>PrEP (HIV Pre-exposure Prophylaxis) can reduce the risk of acquiring HIV when taken as instructed. We are conducting this study to see how PrEP could be prescribed in England.</p> <p>Everyone who takes part will have access to PrEP.</p>	<p>Can you take part?</p> <p>You can take part if:</p> <ul style="list-style-type: none">• you are over the age of 16• you are considered to be at high risk of HIV <p>You cannot take part if:</p> <ul style="list-style-type: none">• you have an illness that could be due to HIV, you would need to wait until it has been confirmed that you don't have HIV• you are taking any medication that wouldn't react well with PrEP
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if you are interested in participating in this study or would like further information, please speak to a member of the clinic staff.

Professional Helpline:

0300 124 0102 or 0800 318 908 (option 4)

Monday to Friday 9am - 7:30pm and Saturday 10am - 1:30pm

Option 4: should only be used by healthcare professionals who wish to discuss any sexual health queries and request resources (not for patients).

Contact Us

For further information on local Sexual Health Services please visit:

www.leicestersexualhealth.nhs.uk for more information on anything within this newsletter

please contact: Jo.Fores@ssotp.nhs.uk / rebekah.smith@ssotp.nhs.uk

You can now find us on Facebook and Twitter!
Up to date service and sexual health information
Like, share and follow us now!



Leicester Sexual Health



@LLRSexualHealth

