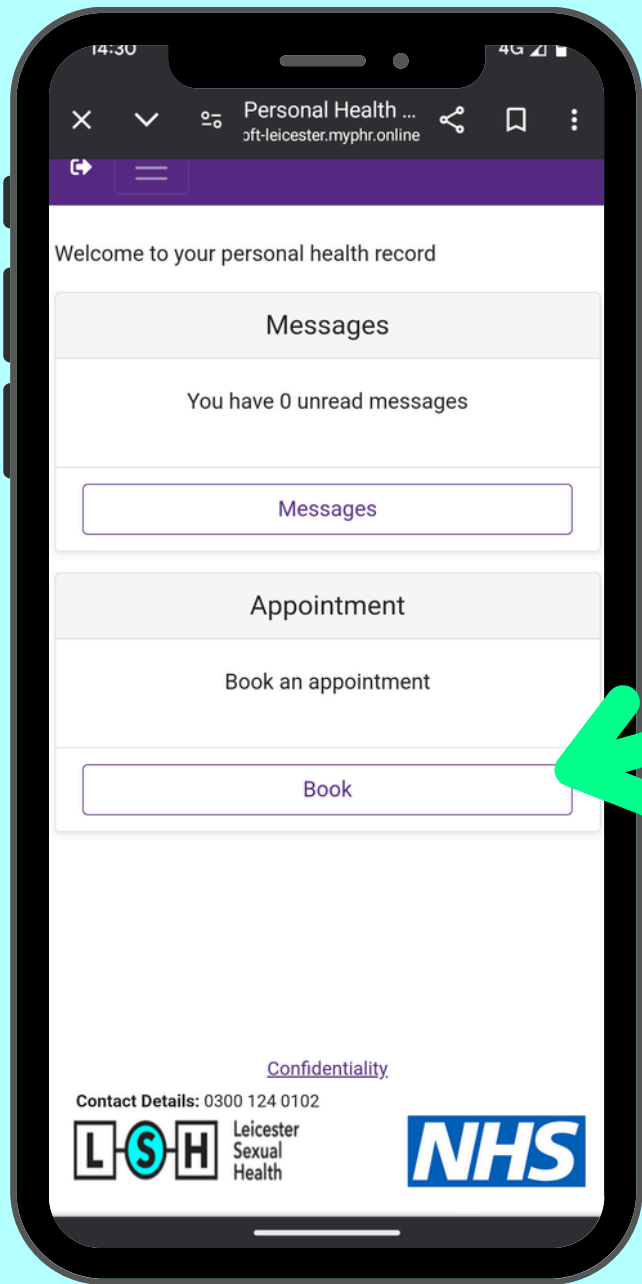
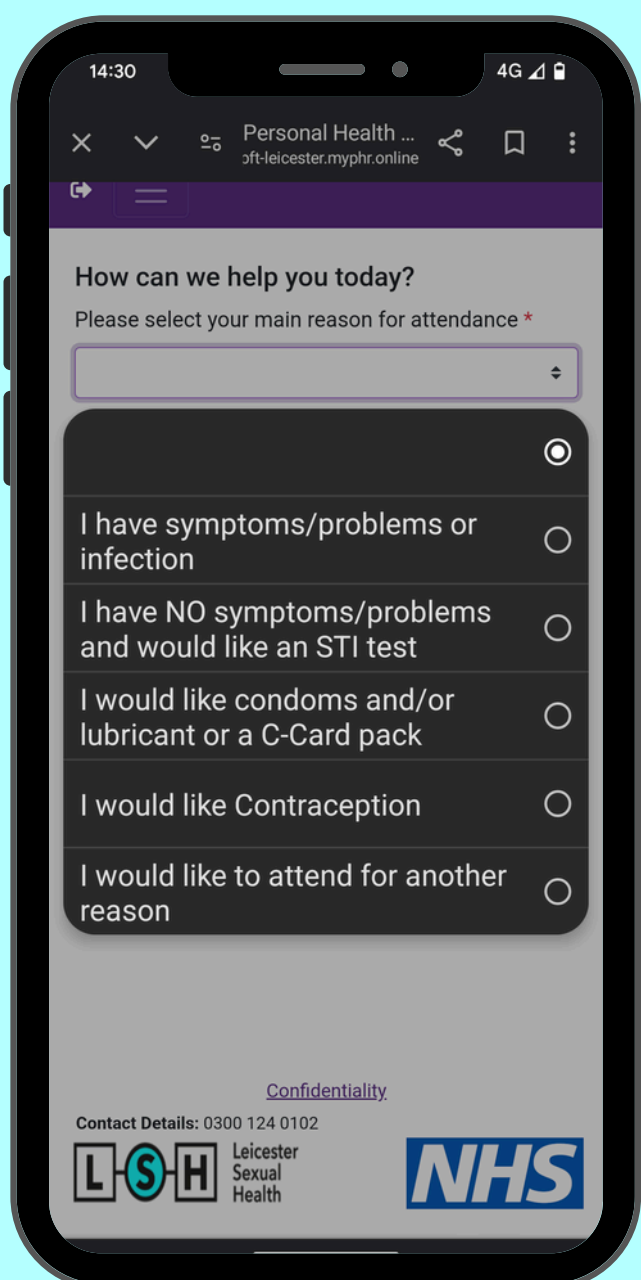


ONLINE BOOKING QUICK GUIDE



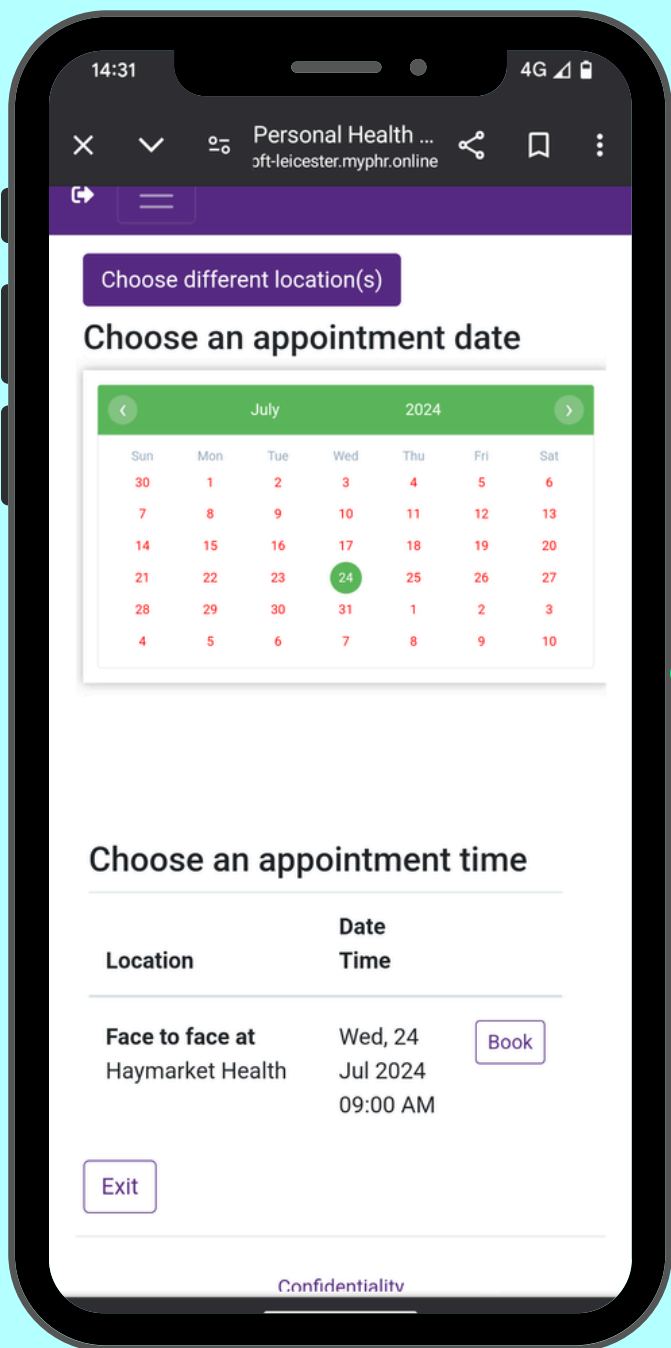
1

Log on to your PHR account through our website and select "Book".



2

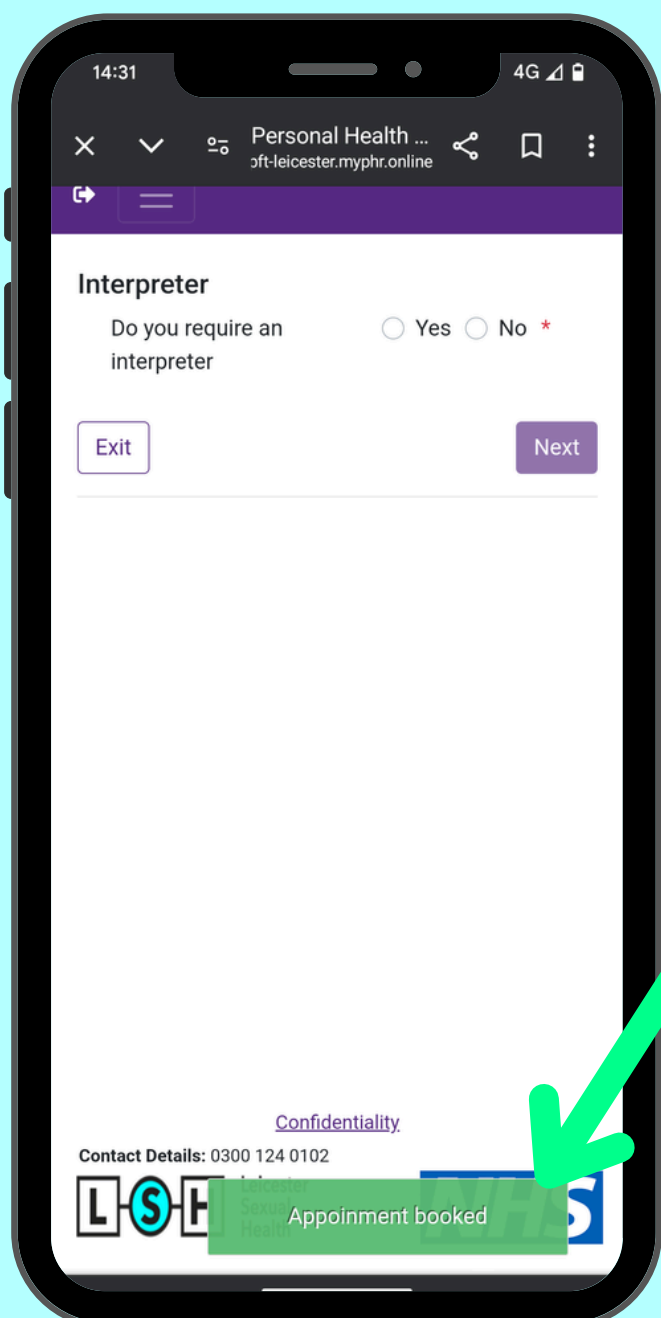
Select the service you need from the list.



3

If we have appointments available, they will appear.

Select a date, time and clinic.



4

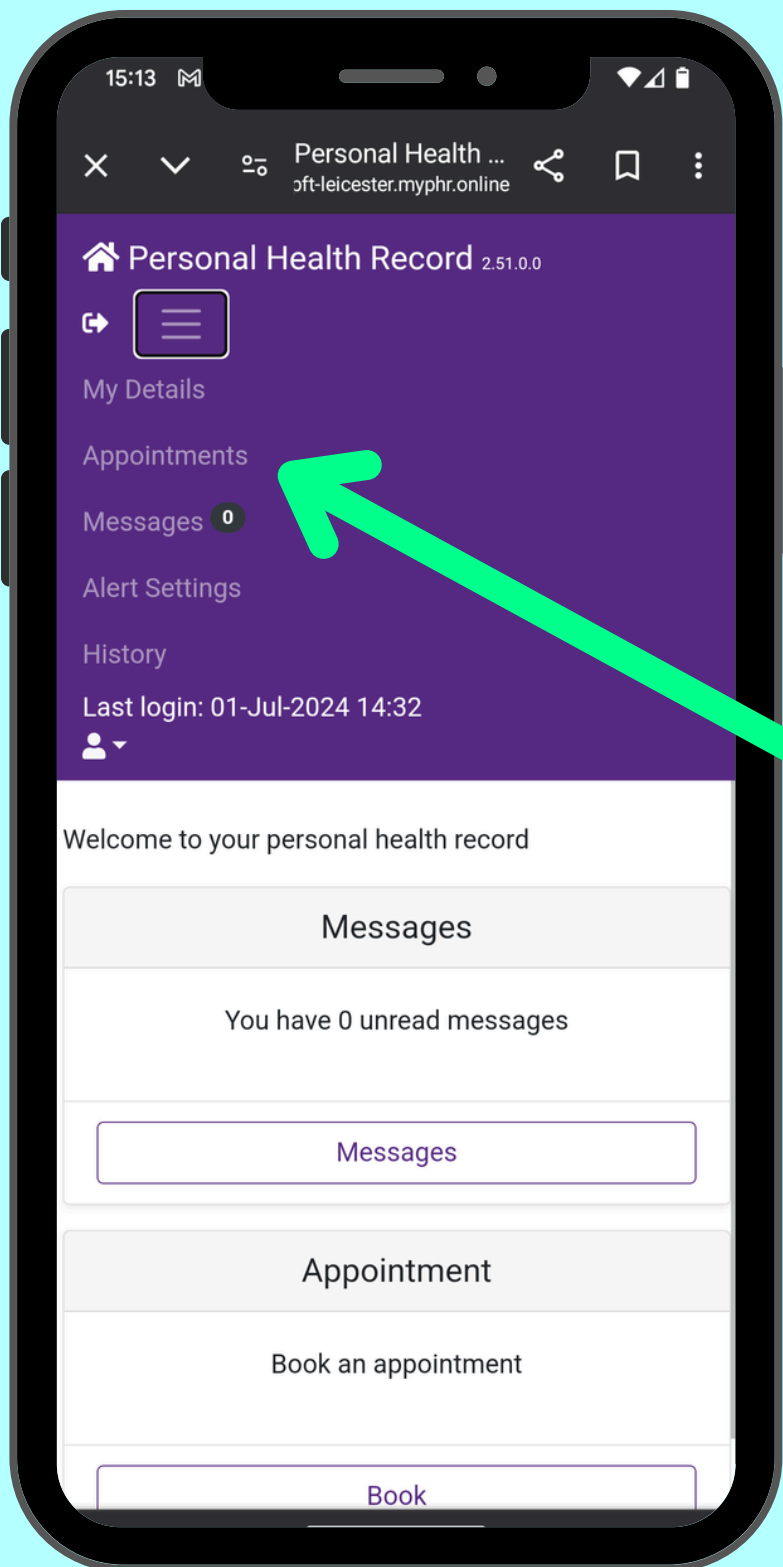
An appointment confirmation will appear at the bottom of the screen.

Please note: You will NOT receive a confirmation text/email.

5

You can view confirmation of your appointment in the appointments section of the main menu.

You can also cancel or rearrange your appointment in this section.



OTHER IMPORTANT INFORMATION

All implant and IUD/IUS appointments must be made online.

New appointments are released daily.



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