

Update – C Card

- overview of progress and team delivery
- pharmacy outputs
- online registration
- our offer to sites
- *condoms – now.. and then*

Alison, Shri, Lucy and Beth



C Card venues

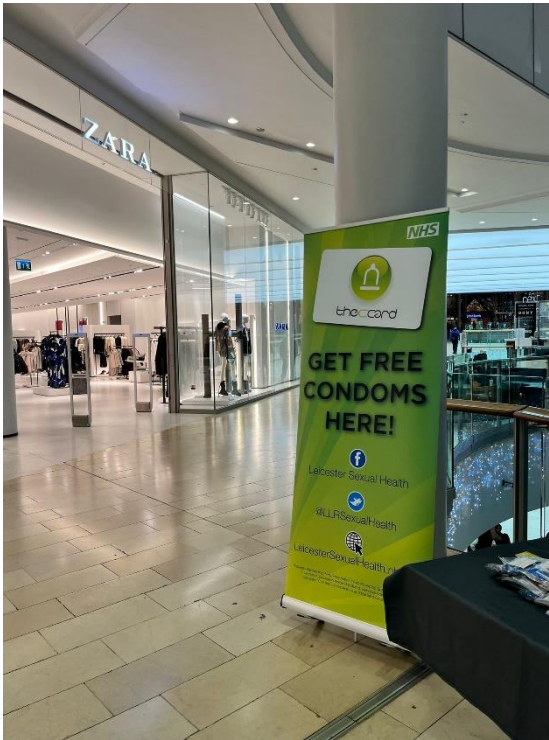
143 active sites



Team Delivery

Sept 2023 to Feb 2024

- **51 events delivered with 3066 interventions**
- tailored presentations to groups in alternative education, DC groups, targeted projects and FE Colleges



Student evaluation

- Helps remove subject of sex as a taboo and encourages open education
- Easy process to sign up
- Helps those scared to go to the shops and get some
- Mint
- Fabulous
- Not too shabby
- The flavoured ones seem pointless



Training



ONLINE TRAINING

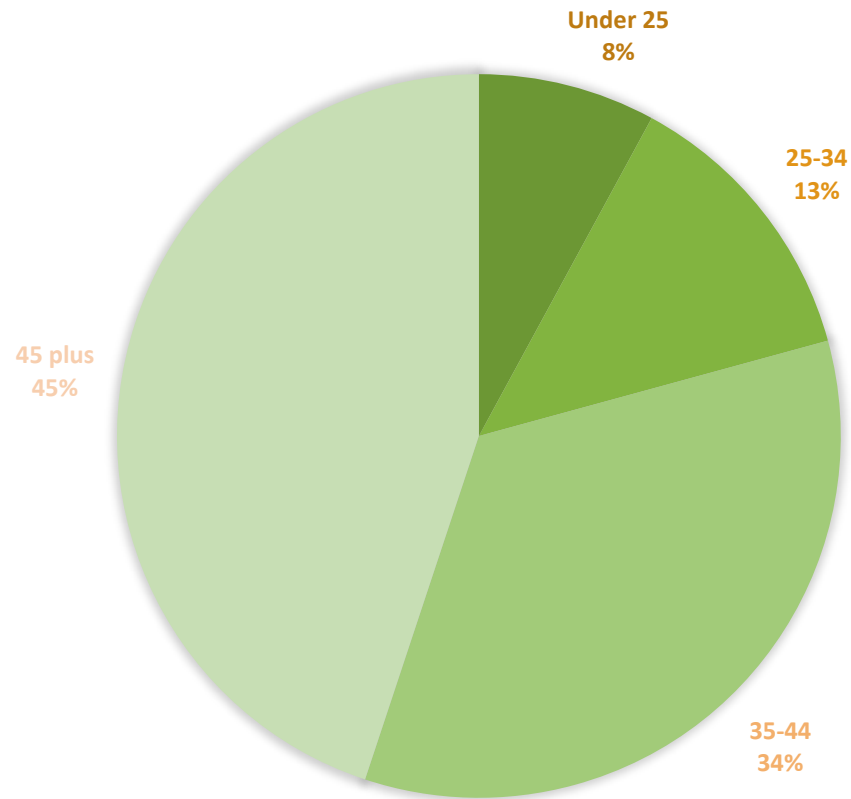
- initial e learning model combined with “sign off” visit
- in - person training at pharmacies
- refresh sessions
- pregnancy testing

Pharmacies - analysis from 1848 interventions over a 6 month period

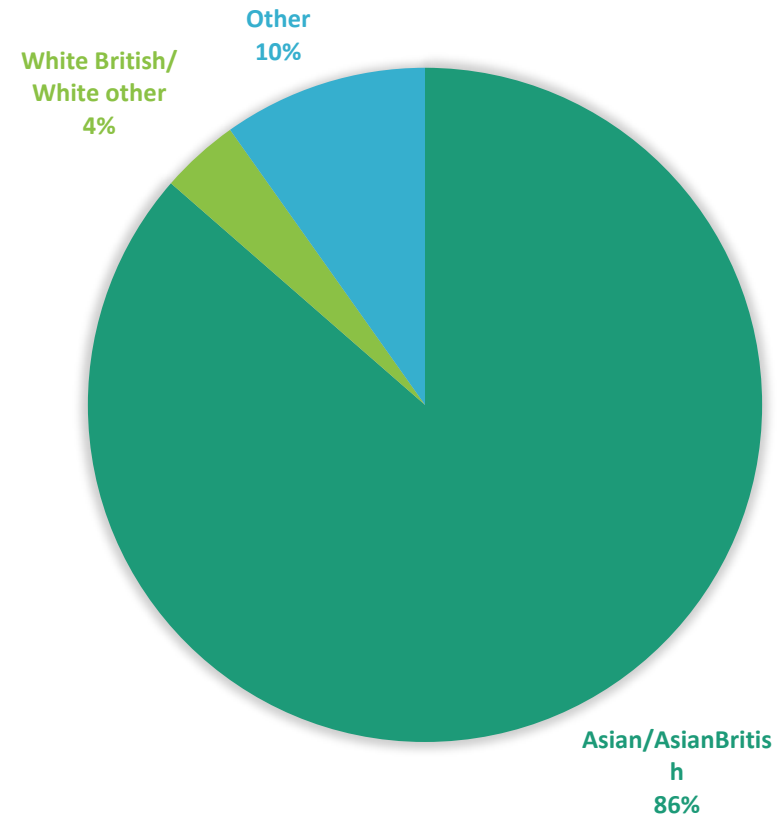
Ethnicities	Percentage of population of city	Nos of people accessing C Card in city pharmacies	Percentage of C Card take up by ethnicity
White/ White British	51%	671	36%
Asian/Asian British	37%	918	50%
Black/Black British	6%	227	12%
Mixed	4%	32	2%

One pharmacy in Evington, Leicester 2023

AGE



ETHNICITY



Online registration

Registering online (18+ only)

If you are 18 and over, you can register for a C-Card online using our [registration form](#). Your C-Card will then be delivered to you within 10 working days.

Please note: priority for online registration is given to people who do not have convenient and nearby access to a C-Card pharmacy. If you are a student at De Montfort, Loughborough and Leicester Universities, please register for C-Card and your first pack at your Student Union.

**Register for a
C-Card online**



- 558 requests processed between October 2023 and February 2024
- Requests are mainly in 22 to 30 years age group
- Predominantly from people in LE1 to LE5 postcodes

Online Registration – analysis of 231 requests

Ethnicity	Numbers of registrations	Percentage of registrations
Asian/Asian British	60	24%
Black/Black British	26	11%
White/White British	121	45%
Mixed	26	10%
Other ethnic groups inc Chinese	24	9%
Not stated	4	1%

Our offer to C Card venues

- training inc signposting to Level 1 e learning
- resources and promotional materials
- C Card registration, presentations and events



Sexual Health Services Available To You



C-Card

The C-Card scheme offers confidential and easy access to free condoms & lube from a range of local venues including pharmacies, colleges and universities. Online registration available to people aged 18+.





STI Testing Kits

Order a free self-taken STI testing kit online. It can test for chlamydia, gonorrhoea, syphilis and HIV. Available to people aged 16+ with no symptoms.





Emergency Contraceptive Pill

Sometimes known as "the morning after pill". Read more information about when to take it and where you can get it from.



 LeicesterSHS

 @LLRSexualHealth

 @leicester_sexual_health

Midlands Partnership University Foundation NHS Trust providing sexual health services in Leicester, Leicestershire and Rutland. Services commissioned by Leicester City and Leicestershire and Rutland County Councils.

Incentives have a holiday too



Condoms through the ages

A (very) risky business

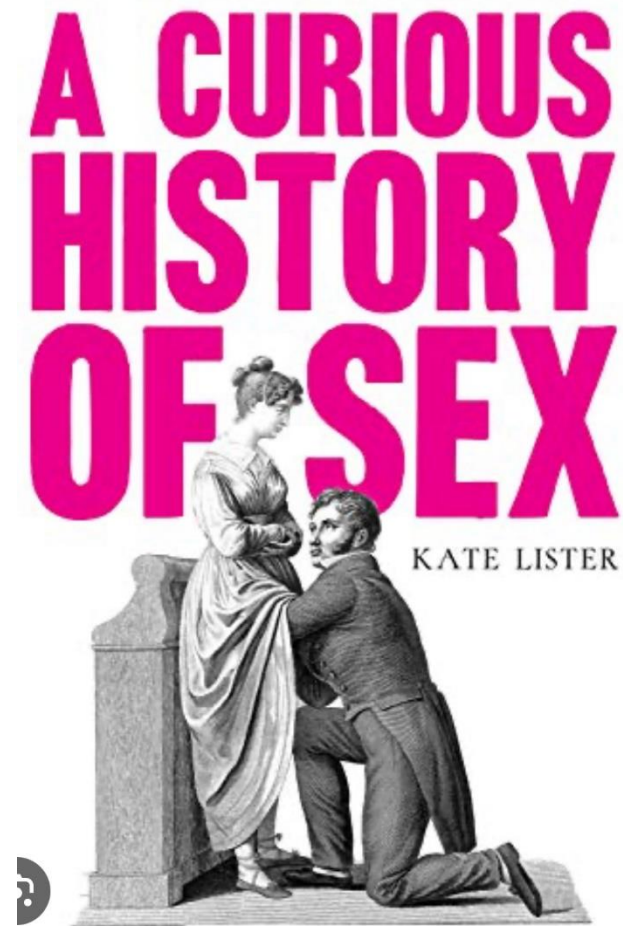
From the 16th century to today



Condoms - the last 500 years

“for as long as people have been having sex, there have been methods of preventing pregnancy and disease by covering the penis during intercourse”

“A curious history of sex “ – Kate Lister 2020



16th and 17th centuries

- **1500s**

the earliest firm evidence of the condom

- to fight the advance of syphilis across Europe, Gabriel Falloppio devised a fabric sheath soaked in wine, mercury, ashes, salt and wood shavings

- **1600s**

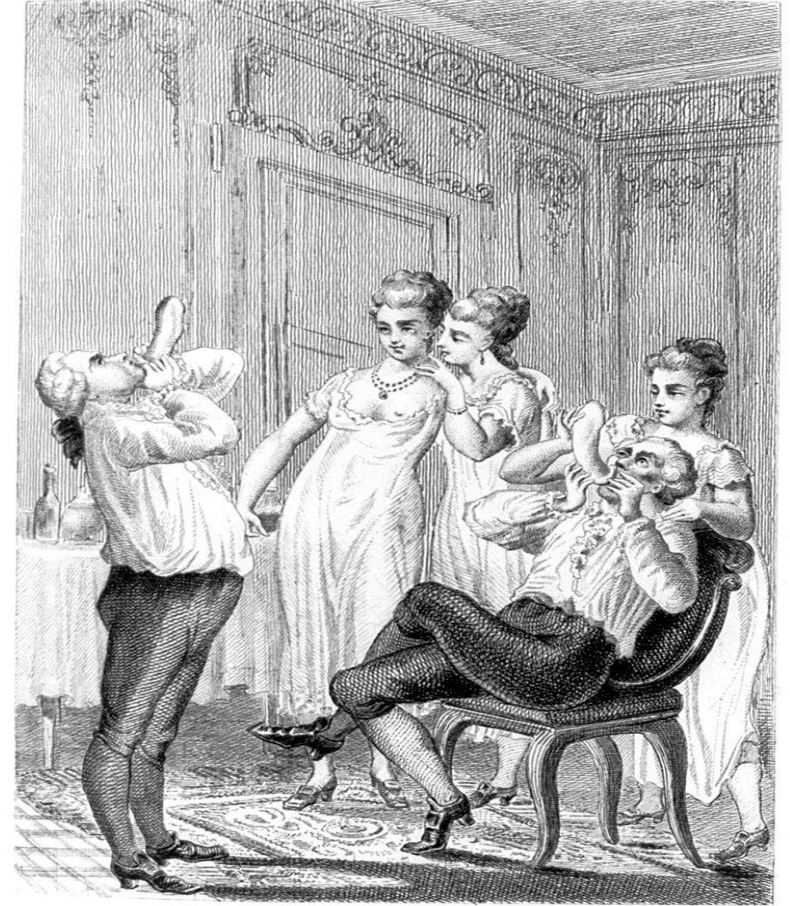
- condoms made of animal gut tied in place with a ribbon
- Combined with pessaries



1700s - an era of French letters and English raincoats

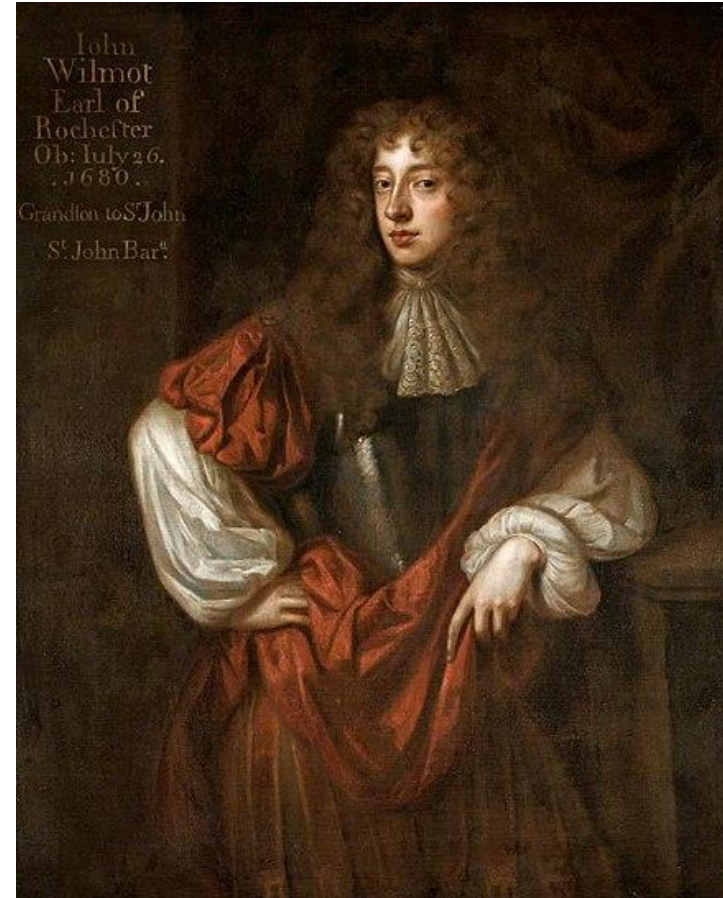
- Prioritising men's protection against "VD"
- Made from sheep gut
- English clothing that brings peace to the soul"

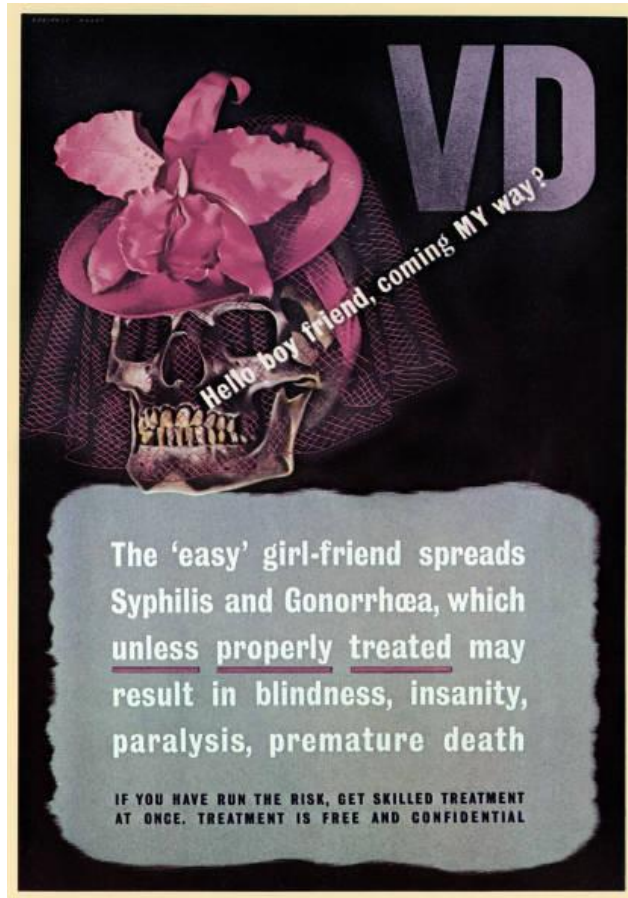
Casanova (1725-98)



A “fashionable distemper”

- Association of VD with upper class masculinity
- Correlates with elevated social status and political power amongst the gentry
- ...and military and naval officers





A woman's work is never done

- Invention of Lysol disinfectant in 1889 to treat cholera in Germany, to unblock drains, to disinfect surfaces, to clean toilets and ...
- For douching – 6 to 8 times daily
- To destroy “organic matter”

Don't Destroy Your Marriage
Neglect of intimate hygiene can create another you!



Only the Real You Can Hold His Love!



MAKE sure of your intimate feminine daintiness! Douche regularly with gentle, non-caustic "Lysol." Will not harm delicate tissue.

Many doctors recommend "Lysol." Follow simple directions for correct douching solution. *Never let neglect create that other you, full of doubts, inhibitions. Be the real you your husband loves!*

Get "Lysol" brand disinfectant today ... use it regularly! Send for free booklet on Feminine Hygiene prepared in collaboration with a leading gynecologist. Mailed in plain envelope. Write Harriet Dean, Lehn & Fink Products Corp., Box T.W. 5112, Bloomfield, N. J.

"Lysol"
Brand Disinfectant
A Concentrated Germ-Killer



envisioningthefeminineanddream.com

Keeping women "dainty" to keep their husbands



**BUT HER MARRIAGE WAS MARRIED BY
"ONE NEGLECT"
FEW HUSBANDS CAN FORGIVE**

*She was a Jewel of a Wife
...with just one flaw*



**She was guilty of the "ONE NEGLECT"
that mars many marriages
"LYSOL" helps avoid this**

*The Poise
that
Knowledge
Gives*



"LYSOL" IS SAFE

It is not only safe, but it is also effective in the presence of organic matter. You can depend on "Lysol" to keep your home as hygienic as a hospital. It is the only disinfectant that can be used on all surfaces, and it is so easy to use that even a child can use it.

LYSOL is the only disinfectant that can be used on all surfaces, and it is so easy to use that even a child can use it.



Lysol
Disinfectant

Lysol
Disinfectant



**Still
"the girl he married"**

Within thirty years, the makers of "Lysol" Disinfectant have prepared a booklet and called it "The Science of Health and Hygiene." It gives the facts about the most important subject of our time - the science of health. The booklet will reach you in a plain, readable, and to the point.

In the meantime, take no chances. Disinfect your home. Buy a bottle of "Lysol" Disinfectant at your druggist's today. Completely explicit directions come with every bottle.

Write to Lysol, Incorporated, a division of Talcott & Finch, Products Corporation, 100 Broadway, New York 100, New York, N.Y. 10004, for a free booklet, "The Science of Health and Hygiene."

Lysol
Disinfectant

1800s – introduction of vulcanised rubber

- Charles Goodyear – first rubber condom produced 1855
- made to measure and reusable and finally offered protection against
- infection, pregnancy and...
- sensation



Syphilis and gonorrhoea at the turn of the century

- 1916 – 23,000 British soldiers were hospitalised for treatment
- 2000 deaths from syphilis were recorded
- 1 in 10 army personnel had syphilis and even more had gonorrhoea
- 40,000 diagnoses of gonorrhoea in England and Wales during WW2

From 1920s

- Latex condoms – single use and mass produced with Durex founded 1929
- 1940's introduction of penicillin
- First lubricated condom - 1957
- Advent of contraceptive pill on the NHS

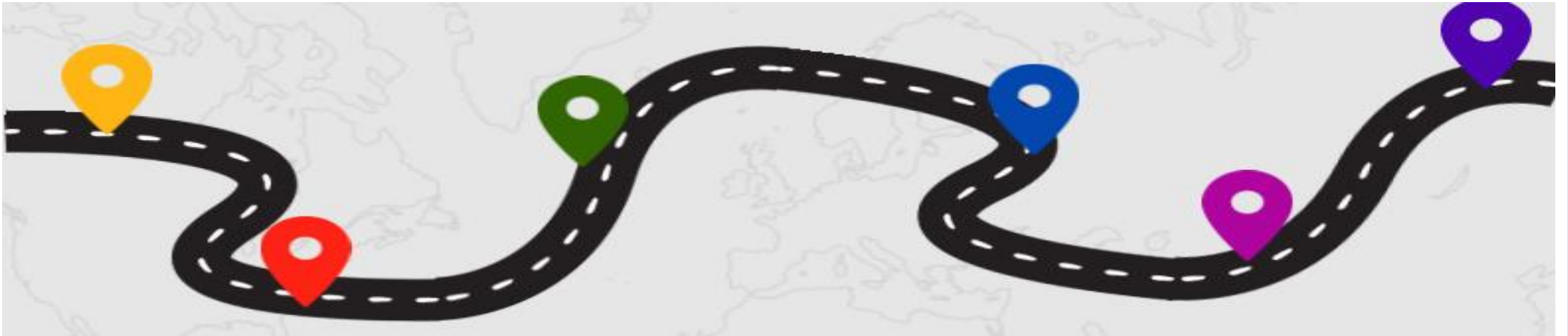


But... the promotion of condoms was severely restricted by law

In Ireland, advertising condoms prohibited until 1980

Boots banned sale of condoms until 1960 to prevent staff awkwardness

Fast forward 100 years.....



LTC and EXS update



- excellent feedback
- introduction of new ranges
- NHS guidelines – quality mark is CE approved.
- KM not recognised in Europe and quality assurance is reflected in CE mark
- from 2025, all condoms must carry CE and UKCA (UK conformity assessment) approval.
- this is the British version of EU's CE marking

Newly evolving ranges



Thankyou...

Anything you may need,

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Visit **www.leicestersexualhealth** for more
information