

WELCOME TO LEICESTER SEXUAL HEALTH

NON-CLINICAL NETWORK EVENT

6th MARCH 2024

HOUSE KEEPING

- There is no fire alarm practice
- Toilets
- Fire Exits
- Tea/Coffee
- Registration
- Evaluation
- Certificate of Attendance



Exhibition Stands:

Leicester Sexual Health

Turning Point- Leicester (City) Substance Misuse Service

Trade Sexual Health

Panahghar- SafeHouse

AGENDA

09:40-10:00	Welcome & Sexual Health Service update	Jo Fores Operational manager Sexual Health Service
10:05 -10:35	Contraceptive update	Phillip Black Specialist Nurse Sexual Health Service
10.40- 11:20	C-card Overview	Alison Spooner Senior Project Worker - C-Card lead Sexual Health Service
11.20-11.40	Refreshment break	
11.40- 12:00	RSHE – Overview	Julie Eason Senior Project worker - RSHE Leicester City Sexual Health Service
12:05 – 12:30	Learning Disability Nurse – Sexual Health	Anna Johnson Community Learning Disability Nurse Leicestershire Partnership NHS Trust
12.30	Final remarks & close	

Service Information & Update inc Quiz

Jo Fores - Operational Manager

Leicester Sexual Health Service

- ▶ We provide a specialist consultant led contraception and sexual health service to the residents of Leicester, Leicestershire & Rutland.
- ▶ This also includes the provision of additional specialist services:
 - ▶ Cervical cytology (smears)
 - ▶ Vaccinations - Hepatitis and HPV (MSM under 45 only)
 - ▶ Psychosexual medicine *
 - ▶ Complex contraception *
 - ▶ Complex Genito-Urinary Medicine *
 - ▶ Specialist outreach projects and pathways for Sex Workers, LGBTQ/MSM, Diverse Communities, Asylum Seekers, Young people, CSE and LAC

* Referral via GP or internal

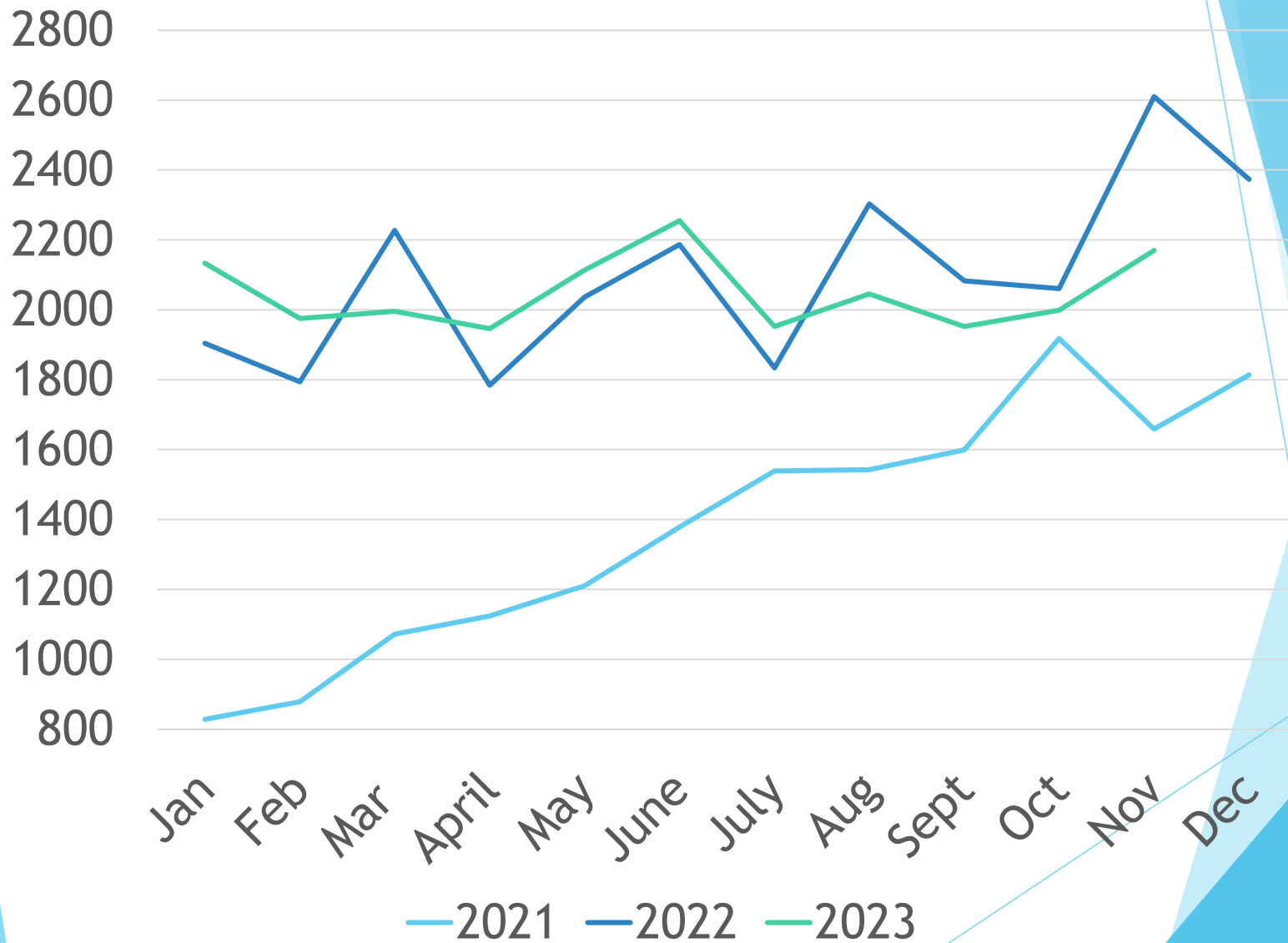
April 2024 onwards

- ▶ From 1st April there will be some changes to the Leicester Sexual Health Service website:
 - ▶ Our website home page will be updated to ask users to select their residence location, something similar to this:

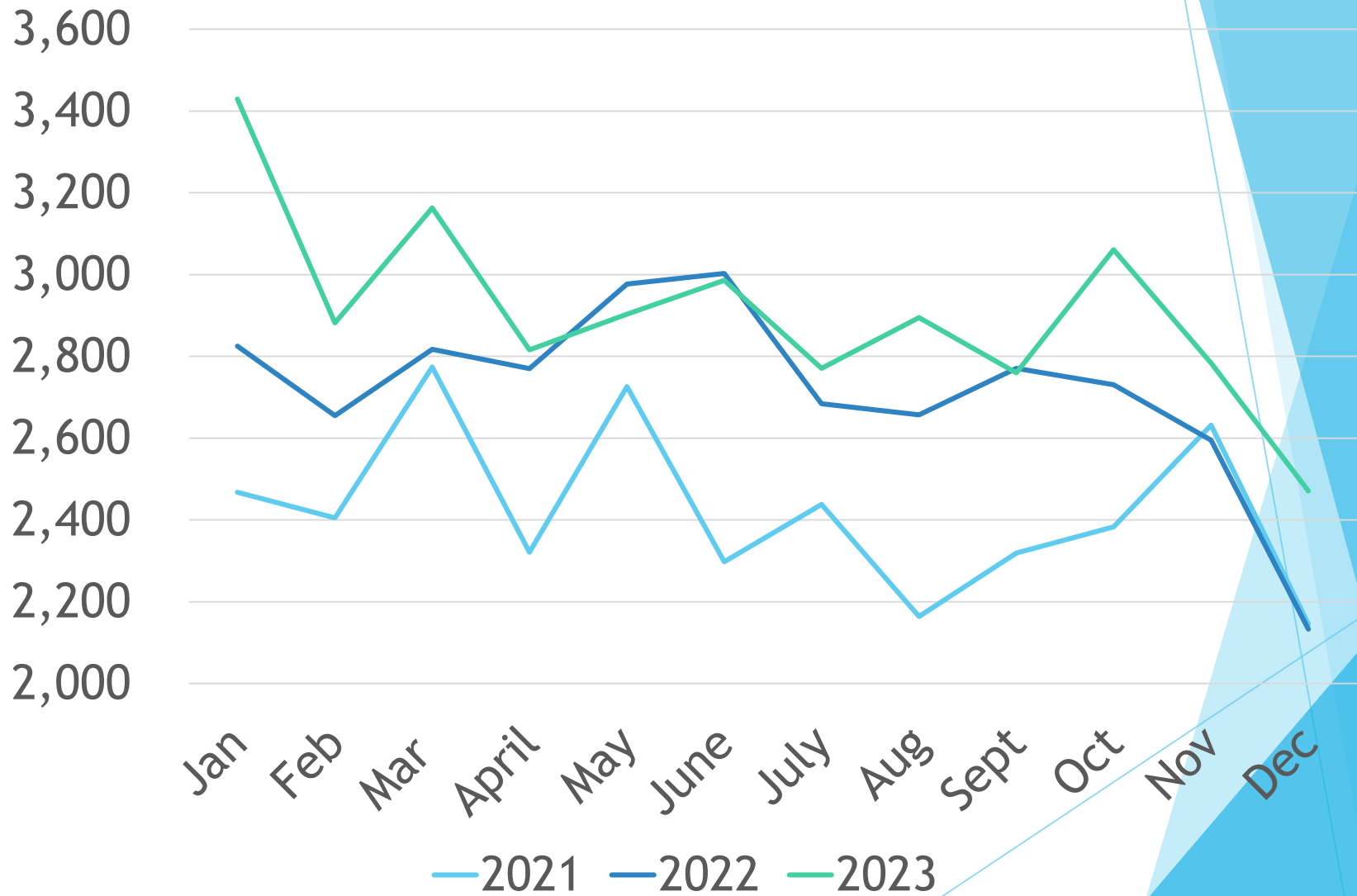


- ▶ We will be able to better directing service users to their nearest service for their needs, i.e. Leicester City residents to Leicester city clinics and Leicestershire & Rutland residents to Leicestershire & Rutland clinics
- ▶ Update our online booking service to Personal Health Records. To improve user experience and access.

LSH Clinical Attendance



Online STI testing

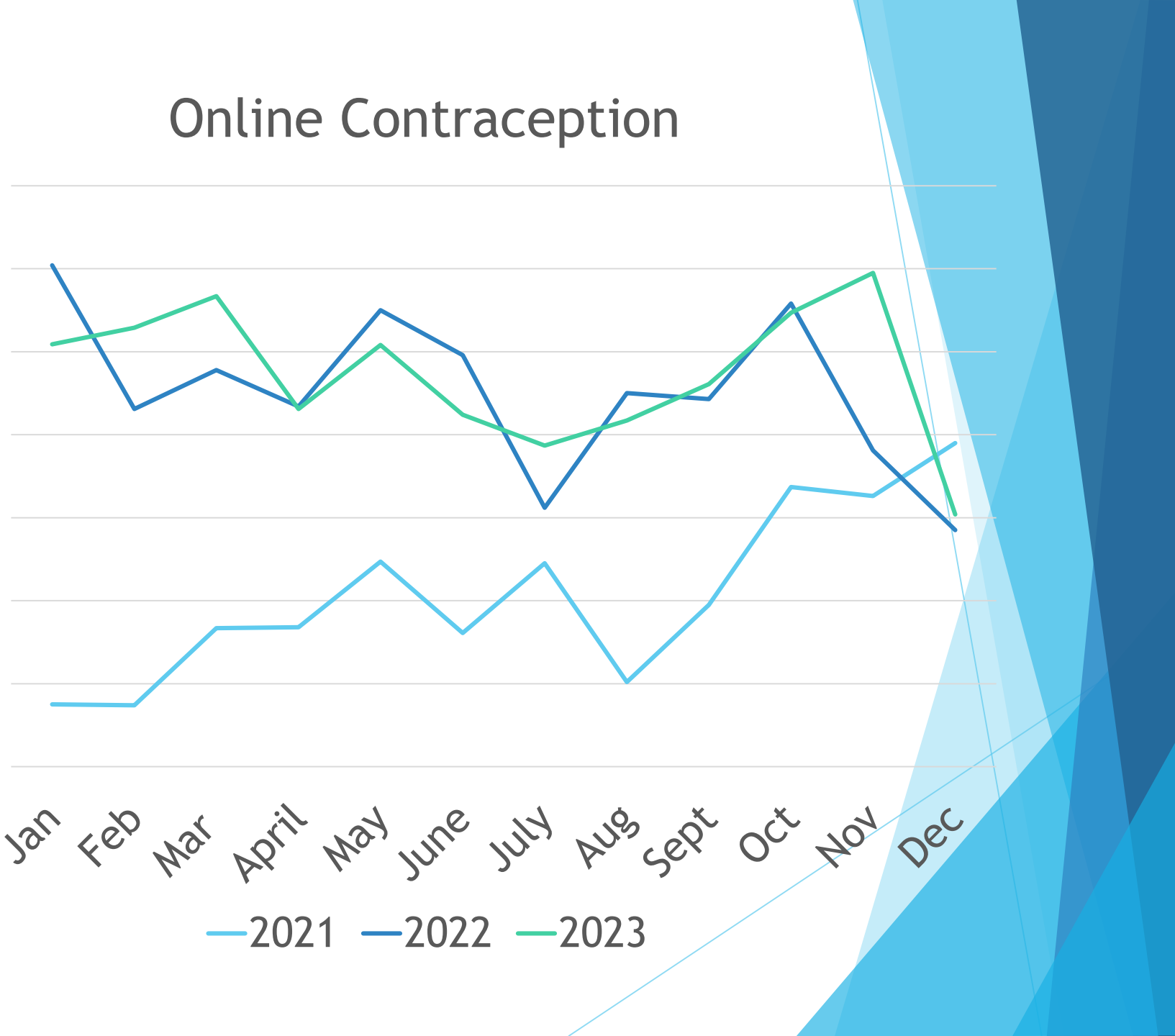


Online Contraception

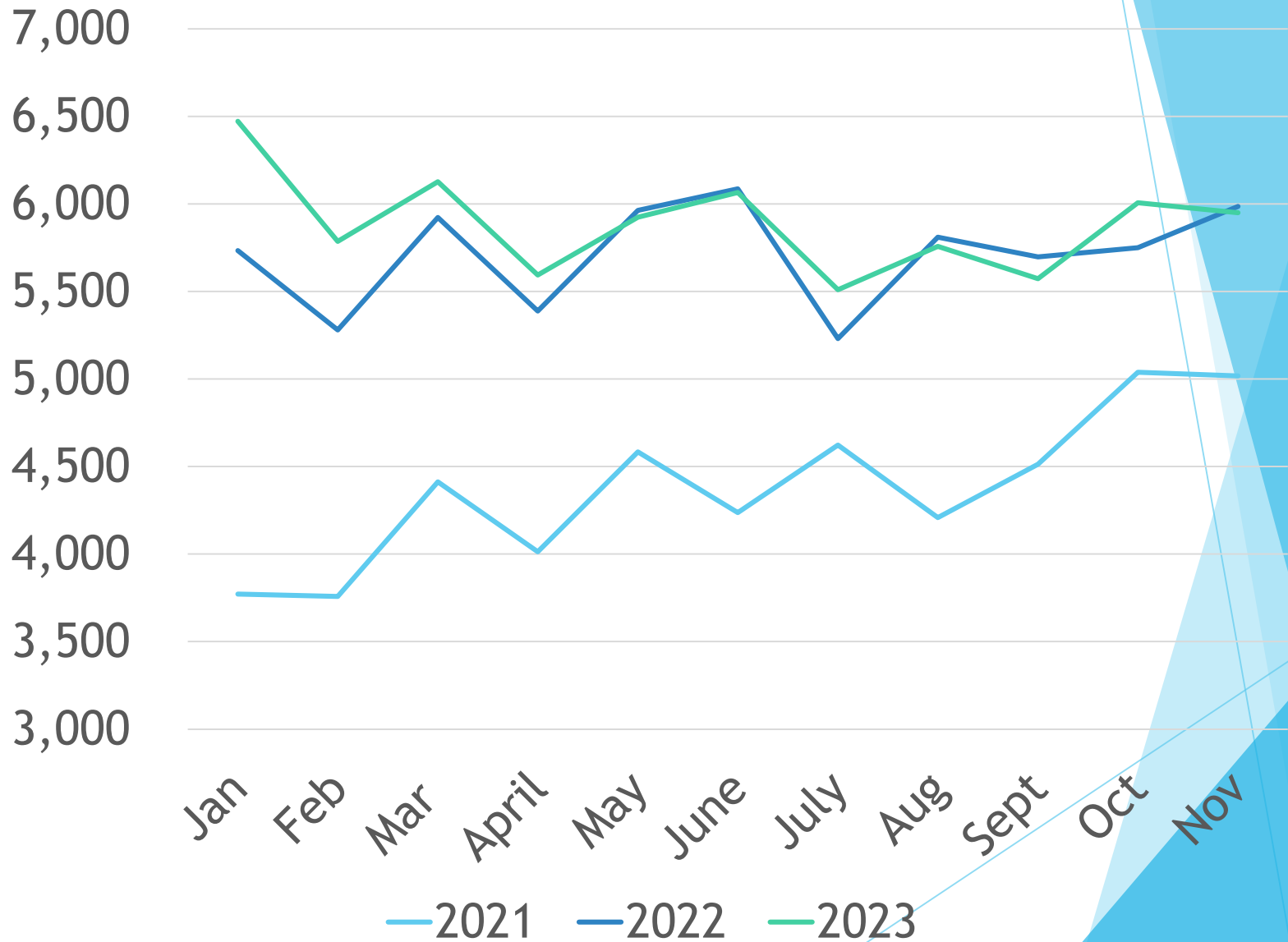
1,100
1,000
900
800
700
600
500
400

Jan Feb Mar April May June July Aug Sept Oct Nov Dec

—2021 —2022 —2023



LSH Total Clinical Provision



QUESTION 1

- ▶ What was the difference in contraception related contacts to Sexual Health and Reproductive Services in 2022/23 compared to 2021/22?
 - ▶ - 2 %
 - ▶ + 11 %
 - ▶ + 5 %

QUESTION 2

- ▶ What % is the uptake of long acting reversible contraceptives (LARC) in 2022/23?
 - ▶ 22%
 - ▶ 55 %
 - ▶ 42%

LARC are methods of contraception that do not have to be used or applied more than once a cycle or month and so do not rely heavily on user compliance, making them very effective

QUESTION 3

- ▶ What % of people living with HIV in England were on treatment in 2022?
 - ▶ On treatment and had an undetectable viral load, meaning they could not pass on the virus
 - ▶ 52%
 - ▶ 70%
 - ▶ **98%**

QUESTION 4

- ▶ What is the % increase in STIs in England in 2022?
 - ▶ 14%
 - ▶ **24%**
 - ▶ 34%
- ▶ Since 2021 the increases are:
 - ▶ 50% increase in gonorrhoea
 - ▶ 24% increase in chlamydia
 - ▶ 15% increase in syphilis

QUESTION 5

- ▶ How can service users access to Leicester Sexual Health Service?
- ▶ List below:
 - ▶ Appointment only clinics
 - ▶ Queue & Wait clinics
 - ▶ Telephone appointments, including for prescribing of medication (e.g. contraceptive pills and STI treatment)
 - ▶ Online STI testing
 - ▶ Online oral contraception and emergency hormonal contraception (via post)

QUESTION 6

- ▶ What is the average number of calls answered each week by LSH switchboard?
 - ▶ 650
 - ▶ **850**
 - ▶ 1050

QUESTION 7

- ▶ What is PHR and what can it do for the service user?
 - ▶ PHR - Personal Health Record
 - ▶ A personal account where you can:
 - ▶ Manage your own details
 - ▶ Book, cancel and re-arrange your appointments.
 - ▶ Confidential messages from the service,
 - ▶ The PHR triage will ask a series of questions to establish your care needs, allowing us to offer an appropriate service at your chosen clinic.
 - ▶ Future developments include:
 - ▶ Viewing your own STI results
 - ▶ Sharing partner details for contact tracing if applicable

QUESTION 8

- ▶ On the Service website you can..... - list what is available:
 - ▶ Book a face-to-face appointment via Personal Health Record
 - ▶ Input a postcode to find the nearest clinic
 - ▶ Find pharmacies that offer FREE emergency contraception (EHC) for under 25's
 - ▶ Find pharmacies that are signed up to the C-Card scheme
 - ▶ Order an STI testing kit to be posted to home
 - ▶ Order contraceptive pills and EHC online to be posted
 - ▶ Access professional information to support you in your role
 - ▶ Refer a vulnerable person to our service
 - ▶ Find a range of support services

www.leicestersexualhealth.nhs.uk

QUESTION 9

- ▶ Where are our clinical locations?
- ▶ List all:
 - ▶ Haymarket Health, Leicester*
 - ▶ Loughborough Health Centre*
 - ▶ Hinckley Health Centre (Monday)
 - ▶ St Luke's Hospital, Market Harborough (Tuesday)
 - ▶ Rutland Memorial Hospital (Tuesday)
 - ▶ Abbey Campus, Leicester College (Wednesday)
 - ▶ Beaumont Leys Health Centre (Thursday)
 - ▶ Coalville Community Hospital (Thursday)

* weekly dedicated under 19's queue & wait clinic

QUESTION 10

- ▶ Where can Emergency Hormonal Contraception (EHC) be accessed? List all:
 - ▶ GP practices
 - ▶ Online order from LSH
 - ▶ Pharmacies - free or purchase
 - ▶ Some changes to EHC pharmacy offer in city and county locations

New pharmacy pilot for contraceptive pills

[NHS England – Midlands » Pharmacies offering the service](#)

THANK YOU



ANY QUESTIONS?