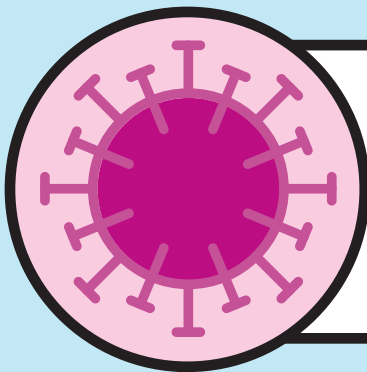
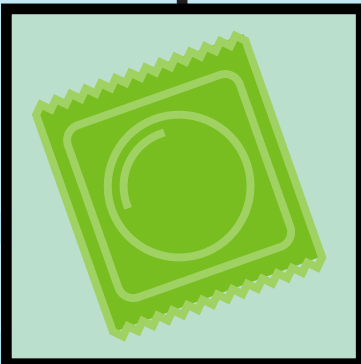


Sexual Health and Menopause

See advice on having safer sex below.



You can get a **sexually transmitted infection** at any age, including after menopause. Free STI testing kits are available to order online.



Condoms help to protect against STIs like chlamydia, gonorrhoea, syphilis and HIV.



You can get free condoms and lube with a **C-Card**. Order online, or register at a local venue.

www.leicestersexualhealth.nhs.uk

