



Leicester
Sexual
Health

RSHE NEWSLETTER



VOLUME 1, ISSUE 1

SEPTEMBER 2020

SPECIAL POINTS OF INTEREST:

- How we can support you
- RSHE Web-page
- RSHE Changes
- RSE Toolkit
- Parental consultation
- Menstrual Audit
- Puberty
- Resources

We are still here to support you with RSHE.....

Please get in touch with us and we can arrange to talk over Microsoft teams or arrange a meeting to support and help you plan RSHE.

We can support you with parent consultations and give you ideas on how to do this under the current restrictions.

We can also share examples from other schools of how they are implementing RSHE, policies and resources.

Julie

Eason – MPFT – NHS

(Email)

Julie.eason@mpft.nhs.uk



Gursharren Dhesi – MPFT- NHS

(Email)

Gursharren.dhesi@mpft.nhs.uk

RSHE Webpage

Exciting times for us

We will soon be launching our own RSHE website which will allow schools to access resources and up to date

information around RSHE.

Leicester Sexual Health website.

We will inform you when our webpage goes live via the

Legislation



Parent Consultations

RSHE was made statutory for September 2020 but due to Covid-19 the Government & Ofsted has agreed to extend this deadline.

As long as schools can evidence they are planning delivery of RSHE, delivery may begin

later but must commence by the summer term 2021.

Please get in contact with us as we are still contracted to work with schools.

We will also have some useful resources which will soon be available on our RSHE Website.

New RSE Toolkit available now to

New RSE Toolkit



Pasante are proud to be a partner of the Sex Education Forum and they have worked closely together to ensure this box contains everything you need to run a successful RSE lesson.

If you would like more information on this please call the number below.

RSE Toolkit £50 (shipping included in price)

Product code RSEB01

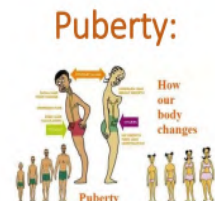
Tricia 07967105388
tricia.frame@pasantehealthcare.com

Puberty

We are also offering Puberty talks to year 5 and Year 6 if you need any support with this please contact us.

We can work with you and discuss how we can deliver this in a Covid secure environment.

We also have presentations that we can email to you if you prefer to deliver



Parental Consultation

You may not be able to invite parents into school as you would have due to the current covid-19 restrictions. However parent consultations are important and need to be evidenced that they have been implemented.

- ◆ Online platform for parent consultation meetings such as Microsoft teams and Google meet.
- ◆ Newsletters to be available on school website.
- ◆ Have an RSHE section on school website.
- ◆ Parent forum after consultation where parents can address any questions they may have.
- ◆ Parent consultation questionnaires.
- ◆ Samples of Parent consultation from other schools - email us and we send them to you.

“Check this

website to get

more ideas on how

to do parent

consultations “

www.sexeducationforum.org.uk/news/news/rshe-implementation-during-school-closure

How Menstrual Friendly is your

We will also be from this academic year looking at how menstrual friendly primary schools are in Leicester city.

We are currently working on an Audit tool that will be sent out to schools. This is all work to support menstrual awareness.

It will also give us an opportunity to find out whether schools have been able to access the free menstrual products scheme that was launched January 2020.

If you still have not received an email about Menstrual products then please call the PHS customer services number on 01827

Please get in contact with us if you need any support or require further information.

Julie Eason – MPFT – NHS
(Email Julie.eason@mpft.nhs.uk)

Gursharren Dhesi –MPFT- NHS
(Email Gursharren.dhesi@mpft.nhs.uk)

Haymarket Health
1st Floor
10 Kemble Gallery
Haymarket Shopping Centre
Leicester
LE1 3YT

A new resource for you to access for pupils with SEND needs.

This is a free resource from the sex education forum you can download it from their website.

It is a good resource for primary and secondary schools that are looking at their

current provision and thinking of how it can be adapted to meet send pupils needs.

It also includes answers to frequently asked

questions; practical top tips and provides sign-posting to further re-

Planning Framework for pupils with SEND



- ✓ The only comprehensive PSHE progressive spiral framework for key stages 1-4
- ✓ Covers all aspects of statutory relationships, sex and health education, accessible for pupils with SEND
- ✓ Goes beyond the statutory guidance, including economic wellbeing, personal safety, careers and preparing for adulthood