



Leicester
Sexual
Health



Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

Relationships and Sexual Health Education (RSHE)

March 2023 Newsletter

Young Peoples Sex Education Poll 2022 full report - www.sexeducationforum.uk

A survey of 1,002 young people aged 16-17 in England carried out by Censuswide between 2nd and 13th December 2022, and commissioned by the Sex Education Forum

- 58% of respondents learnt not enough or nothing about pornography
- 56% learnt not enough or nothing about 'how to access local sexual health services'
- 54% learnt not enough or nothing about 'how to tell if a relationship is healthy (including online)
- 54% learnt not enough or nothing about 'sexual orientation including information relevant to people who are LGBTQ+'
- **Over a third (35%) of young people said they wanted more open discussion of issues, ideally discussing/debating real life scenarios.**

The Government has announced a review of its guidance for the first time since mandatory RSE was introduced. The Sex Education Forum is hoping that the government will take note of what young people are asking for and that teachers/resources will be put in place to support this work.

Support with teaching training – topics related to RSHE

Please contact me if you would like any support with teacher training/updates to support building teacher confidence and skills with any of the RSHE relevant subjects

Julie.eason@mpft.nhs.uk

Level 1 – free non clinical sexual health update e-learning

Aimed at practitioners working with young people to enhance their understanding of sexual health and to benefit their delivery to young people. For example; teachers, welfare and progress coaches, youth workers, care/support workers, foster carers, vulnerable young person's workers, youth offending teams. It takes approximately 1 hour to complete.

The learning covers Sexual Health Services and how to access them. Contraception. Sexually Transmitted Infections – Consent & the Law – The C Card condom Scheme- Young People and Sexual Health and information about other relevant services and resources.

If you are interested in taking this free e-learning course

Access the training – External link [000 MPFT Sexual Health Level 1 e-Learning \(msapproxy.net\)](https://msapproxy.net)

Internal link [000 MPFT Sexual Health Level 1 e Learning](#)

Following completion of the module follow the instructions to gain a certificate. Can I ask you please to take a few minutes to complete the online evaluation tool at the end - much appreciated 😊

Resent Ofsted feedback from city secondary school

We have just had an Ofsted inspection last week. **RSE was a significant part as was Personal Development and how we prepare and protect our students. The lead inspector was sensitive to the cultural and religious challenges we have.** I am not allowed to discuss the outcomes, but it went very well.

Resources

If you require help finding particular resources please contact me and I will try to help direct you

www.fpa.org.uk - have lots of leaflets and resources at reasonable prices

Sexual health clinics for young people.

www.leicestersexualhealth.nhs.uk

At the Haymarket Health, 18,s and under have a clinic that does not require pre booking and is a walk in - queue and wait clinic.

Haymarket Health- Wednesday 1pm-7pm

Loughborough Pinfold Gate- Monday 1pm-7pm.

All of the other clinics require booking an appointment 0300 124 010 or booking online

C-Card Free Condom Scheme

All secondary schools/alternative education/colleges in Leicester, Leicestershire and Rutland are eligible for the free and confidential NHS condom scheme, C-Card.

If you are not running the scheme and are interested in joining, please email Alison at

Alison.spooner@mpft.nhs.uk to discuss further.



Leicester Sexual Health
0300 124 0102
leicestersexualhealth.nhs.uk

For more information on anything within this newsletter, or if you'd like to see anything included, please email Julie.Eason@mpft.nhs.uk