



# GET FREE CONDOMS WITH A C-CARD!



# WHAT IS THE C-CARD?

The C-Card is a small card which offers free easy access to condoms and lube in a range of venues, including Integrated Sexual Health Service Clinics and many schools, colleges, universities and pharmacies in Leicester, Leicestershire and Rutland.

The C-Card Scheme is a confidential service which also offers you information and advice about sexual health and relationships.

## **HOW TO REGISTER**

Registration is quick, easy and only takes a few minutes.

You will be asked for some details about yourself, like:

Name | Postcode | Date of Birth

All the information you provide is confidential and will not be passed on to anyone else.

# **HOW DOES THE C-CARD WORK?**

The C-Card allows you to get free condoms and lube from a range of places e.g. pharmacies, sexual health clinics, GPs and some schools/colleges (students only).

The card will not have any personal details on it like your name, it will only have a unique number.

There are boxes on the back of each card, one box will be crossed off every time you pick up your new pack of condoms and lube. Once you have filled up all the boxes, you can simply re-register to get another free card.

## MORE INFORMATION

- Latex free, trim & large condom packs are available for free from the sexual health clinic, call 0300 124 0102
- C-Cards are available to all people of all ages across Leicester, Leicestershire and Rutland

Find a C-Card venue near you at leicestersexualhealth.nhs.uk